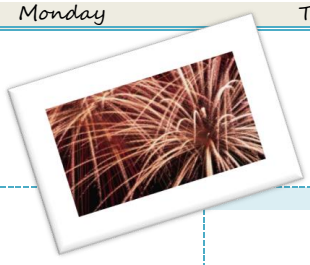
Insert District Logo Here

JULY 2012

Secondary Breakfast and Lunch Menu

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday	Tuesday	Wednesday	Thursday	Friday
				
Monday 2	**Tuesday 3**	**Wednesday 4**	**Thursday 5**	**Friday 6**
Traditional Cuisine: Mini Corn Dog Adobe Grill: Beef Taquitos Ballpark: Grilled Cheese Sandwich Luigi's Eatery: Rotini w/ Meat Sauce Red Dragon: Teriyaki Chicken Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Bacon Cheeseburger Adobe Grill: Beefy Nachos Ballpark: Chicken Patty Sandwich Luigi's Eatery: Beef Ravioli w/ Tomato Sauce Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk		Traditional Cuisine: Chicken Alfredo Adobe Grill: Beefy Nachos Luigi's Eatery: Spaghetti w/ Meat Sauce Spaghetti w/ Meat Sauce Red Dragon: Chicken Teriyaki Stir Fry Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Chicken Alfredo Adobe Grill: Bean & Cheese Chimi Ballpark: Chicken Patty Sandwich Luigi's Eatery: Supreme Pizza Red Dragon: Orange Chicken Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Egg, Ham & Cheese Bagel Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal		Breakfast Burrito BFK Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Burrito BFK Bar Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 9	**Tuesday 10**	**Wednesday 11**	**Thursday 12**	**Friday 13**
Traditional Cuisine: Grilled Cheese Adobe Grill: Beef Taquitos Ballpark Classics: Mini Corn Dog Luigi's Eatery: Rotini w/ Meat Sauce Red Dragon: Kung Pao Chicken Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Bacon Cheeseburger Adobe Grill: Beefy Nachos Ballpark Classics: Cheeseburger Luigi's Eatery: Beef Ravioli in Meat Sauce Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Lemon Pepper Chicken Adobe Grill: Beef Soft Taco Ballpark Classics: Chicken Nuggets Luigi's Eatery: Meatlover's Pizza Red Dragon: Broccoli, Cheese and Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Pork Chop Adobe Grill: Beefy Nachos Ballpark Classics: Cheeseburger Luigi's Eatery: Spaghetti w/ Meat Sauce Red Dragon: Chicken Teriyaki Stir Fry Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Chili Adobe Grill: Bean & Cheese Chimi Ballpark Classics: Beefy Nachos Luigi's Eatery: Supreme Pizza Red Dragon: Orange Chicken Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Traditional Breakfast Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Blueberry Yogurt Parfait Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Waffles Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon French Toast Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 16	**Tuesday 17**	**Wednesday 18**	**Thursday 19**	**Friday 20**
Traditional Cuisine: Turkey Melt Adobe Grill: Beef Taquitos Ballpark Classics: Chicken Nuggets Luigi's Eatery: Rotini w/ Meat Sauce Red Dragon: Teriyaki Chicken Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Country Fried Steak Adobe Grill: Beefy Nachos Ballpark Classics: Bacon Cheeseburger Luigi's Eatery: Beef Ravioli & Marinara Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Chicken Lemon Pepper Adobe Grill: Beef Soft Taco Ballpark Classics: Chicken Nuggets Luigi's Eatery: Meatlover's Pizza Red Dragon: Veggies and Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Ham & Potato Au gratin Adobe Grill: Beefy Nachos Ballpark Classics: Bacon Cheeseburger Luigi's Eatery: Ravioli in Tomato Sauce Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Rosemary Chicken Adobe Grill: Beef Soft Taco Ballpark Classics: Chicken Nuggets Luigi's Eatery: Meatlover's Pizza Red Dragon: Veggies & Rice Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Yogurt, Strawberry Parfait Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Burrito BFK Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Egg & Cheese Muffin Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 23	**Tuesday 24**	**Wednesday 25**	**Thursday 26**	**Friday 27**
Traditional Cuisine: Ham & Potato Au gratin Adobe Grill: Beefy Nachos Ballpark Classics: Bacon Cheeseburger Luigi's Eatery: Ravioli in Tomato Sauce Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Ham & Potato Au gratin Adobe Grill: Beefy Nachos Ballpark Classics: Bacon Cheeseburger Luigi's Eatery: Ravioli in Tomato Sauce Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Rosemary Chicken Adobe Grill: Beef Soft Taco Ballpark Classics: Chicken Nuggets Luigi's Eatery: Meatlover's Pizza Red Dragon: Veggies & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Rosemary Chicken Adobe Grill: Beef Soft Taco Ballpark Classics: Chicken Nuggets Luigi's Eatery: Meatlover's Pizza Red Dragon: Veggies & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Rosemary Chicken Adobe Grill: Beef Soft Taco Ballpark Classics: Chicken Nuggets Luigi's Eatery: Meatlover's Pizza Red Dragon: Veggies & Rice Fresh Fruit & Vegetable Bar Variety of Milk
Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Egg & Cheese Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Egg & Cheese Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Egg & Cheese Muffin Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 30	**Tuesday 31**			**Meal Prices**
Traditional Cuisine: Ham & Potato Au gratin Adobe Grill: Beefy Nachos Ballpark Classics: Bacon Cheeseburger Luigi's Eatery: Ravioli in Tomato Sauce Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk	Traditional Cuisine: Ham & Potato Au gratin Adobe Grill: Beefy Nachos Ballpark Classics: Bacon Cheeseburger Luigi's Eatery: Ravioli in Tomato Sauce Red Dragon: Chinese Chicken & Rice Fresh Fruit & Vegetable Bar Variety of Milk			**Paid: $2.50** **Reduced: $0.40** **Adult: $3.75** **Paid Breakfast: $2.00** **Reduced Breakfast: $0.30** **Adult Breakfast: $2.00** **Milk: $0.50**
Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Omelet Bar Fresh Fruit Selection Assorted Low Sugar Cereal			**Check out our Daily Selections!**

Food Service Director: Insert Name :: Phone: (602) 555-1212 :: Email: johndoe@sfellc.org

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